

# The Cedar Reader

## JANUARY EDITION

### *Welcome to the Cedar Reader!*

#### LETTER FROM THE JR. EDITORS

Happy January! We hope you enjoy the second edition of the *Cedar Reader*. We spent lots of time researching, typing, and editing the stories in this edition.

*Jasmine Lu &  
Camdyn Sayers*

*Junior Editors*



#### IN THIS EDITION

Hoop Dancing .....	1
International Lego Day .....	2
Creative Corner Writing.....	2
Mrs. Cristiano Interview.....	3
Cedar Drive Facts.....	3
Feeding Futures .....	4
School Rules.....	4
Would You Rather.....	4
Book & Music Review .....	5
Snack Attack! .....	6
Jokes .....	6
Sports .....	7
What are Pro-D.Days?.....	7
January Crossword .....	8
January Word Search.....	9
Comics.....	10

#### CEDAR DRIVE HOOP DANCING PERFORMANCE

On Tuesday Jan. 14, 2025, Jarred Genaille visited Cedar Drive Elementary. He demonstrated the art of Hoop Dance. Jarred Genaille, is Cree, Salteaux and Anishnabe with his ancestral roots originating from Misipawistik Cree Nation, Lake St. Martin, First Nation and Cowessess First Nation. He first started hoop dancing when he was 9 years old. Hoop Dancing is an Indigenous practice and a form of storytelling through dance. While dancing, Jarred used many hoops to make animal shapes around his body with the hoops. He made an eagle, butterfly, horse, flower and many others. Hoop Dancing is a challenging activity. Jarred keeps his body and mind healthy by going to the gym 5 days a week, drinking lots of water and spending time hiking in nature.

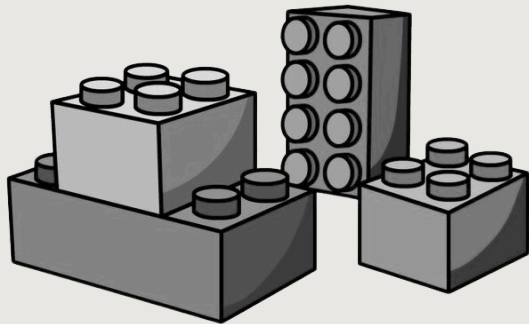
*By Hope Serres, Samia Quinto, and Pippa Mclean  
Divisions 2 and 4*

*Together We Soar - Cedar Drive Seahawks*

## INTERNATIONAL LEGO DAY

International Lego Day is January 28, 2025!

Legos are small, plastic bricks that can be connected to build and create anything you can think of. Lego was invented in 1932 by Ole Kirk Kristiansen. The name LEGO comes from the Danish words leg godt, which means “play well” in English.



### ***Here are some interesting facts about Lego:***

1. There are so many Lego bricks in the world, that it's estimated that they outnumber people **80 to 1**.
2. In 2009, James May created a house entirely out of Legos. It took **more than 3.3 million bricks** to make and even had a working toilet, a bed, and a shower!
3. Lego sets are now so popular that **7 sets are sold every second**.
4. Lego produces the **most toy tires in the world**.

How did you celebrate International Lego Day?

*By Carter Ward & William Klement  
Division 4*

## CREATIVE CORNER

Every month, some of our student writers write Creative Writing pieces for *The Cedar Reader*. Here are this month's pieces:

### *Happy New Year!*

*It's a new year no time to fear, lets celebrate with cheer.*

*A fresh start in our hearts, do your best without any stress.*

*As fireworks fire in the air, they set off a magnificent flare.*

*With colors of silver and gold, everyone can stand strongly bold.*

*Forget about last year, 2025 is finally here!!!!*

### *The Storm*

I was walking home from school, with the wind blowing in my hair. My nose was as red as a clown's. I was walking home from school. When I saw a tiny rabbit. He was hopping along the sidewalk; he gave me the cutest look ever! It looked like he hurt his foot because he was hopping on one foot.

I put him in my backpack with the zipper halfway so he can breathe. The wind started picking up. I started hurrying. It was a calm cool January afternoon. The wind was to get home. The wind pulled me back, storm clouds blocked the sun.

Rain started pouring down and it got us soaked. There was a café down the street, we headed there for shelter. I ordered a milkshake and a carrot. I feed the bunny the carrot. Once we finish, I pay and walk out. The rain stopped; the sun shined down on us. We got home safe and sound. I kept my rabbit as my pet.

*The End.*

*By Peyton Sayers and Hanako Morris  
Divisions 1 & 2*

# Staff Interview: Mrs. Cristiano

We wanted to know more about the Cedar Drive Staff! This month is everyone's favourite Digital Literacy Teacher, Mrs. Cristiano!

## Mrs. Cristiano's Favourite Things:

**Food:** Sushi, especially sashimi!

**Grade to be in:** Grade 4

**Sport:** Soccer!

**Colour:** Purple

**Time of Year:** Summer!

**Book:** *The Hunger Games* and the *Harry Potter* Series



Mrs. Cristiano just got her 5 year recognition for being part of School District 43, but has been a teacher for 14 years. Make sure you tell her congratulations when you see her!

Mrs. Cristiano has two daughters and no pets. She likes to spend time with family, travel, play board games, and read in her free time. Her favourite place she's ever travelled to is Australia!

If Mrs. Cristiano couldn't be a teacher, she would want to be a social media travel influencer or a daycare teacher.

*By Hanako Morris and Charlie Maguire  
Division 1*

## Cedar Drive Seahawks Fight Song

*Article By Camdyn Sayers & Jasmine Lu (Division 4)*

*Lyrics by Eli Cooper (Graduating class of 2024)*

Did you know that we have a Cedar Drive Seahaks Fight Song? The song was written by Eli Cooper in 2024 and he shared it with everyone before he left for Minnehada last year. Try remembering some of the lyrics and chanting them at a sports game or outside with your fellow Seahawks!

We are the Seahawks  
Bold and proud  
We'll beat our opponents to the ground  
We'll fight, fight, fight  
'Till the end of the game

And when the final whistle blows  
We'll shake hands like professionals  
We are, We are  
The Seahawks, Let's go

We are Seahawks  
Bold and Proud  
We'll beat our opponents to the ground  
We'll fight, fight, fight  
'Til the end of the game

Let's go Seahawks, Let's go!

## FEEDING FUTURES UPDATE

Did you know that protein is an important part of our diet? Proteins are essential nutrients that work as the building blocks of our bodies.

Protein helps make blood, bone, enzymes and supports our bodies as we constantly make new cells. It also provides the fuel and energy our bodies need to move and be active every day. Protein is important for our growing bodies, so we need to choose high-quality, healthy sources to help us be healthy and strong.

But... what food has protein? Some protein-rich foods are: Beans, Lentils, Nuts like peanuts, almonds, pistachios and walnuts.

So now you know about Protein, make sure you are eating healthy by making good choices and keeping yourself strong!

*By Teagyn Lemmen and Magdalena Marincic  
Division 2*



## SCHOOL RULES ARE COOL

Did you know that the Cedar Drive Code of Conduct has a rule about Personal Digital Devices? That means there are rules about cell phones, laptops and iPads.

We are supposed to keep our personal devices in our backpacks from 8:55am to 2:48pm, but you are allowed to take it out if your teacher says its ok.

Reasons we might use our personal digital devices at school include emailing your teacher, doing research for a project, accessing Mathtific, Typtastic, or Lexia, or typing your newspaper club assignment!

You should not use your personal digital device when the teacher is talking, or to access social media. This rule is in place to help keep us all safe and focused.

*By William Klement and Carter Ward  
Division 4*

## WOULD YOU RATHER...

This month, we asked 50 of our Cedar Seahawks a few "Would You Rather" questions. Here are the results:

**Would you rather be big or tiny?**

Big: 46 students

Tiny: 4 students

**Would you rather go to Rocky Point Park or McDonalds?**

Rocky Point: 29 students

McDonalds: 21 students

We learned that Seahawks would rather be big and hang out at Rocky Point Park than be tiny and go to McDonalds for a snack! Thanks for playing Cedar!

*By Arlo Huber, Ben Metcalfe, and Darby Johnston  
Division 4*

big



small





## REVIEWS

Every month, some of our student writers write Reviews of books, movies, or music for *The Cedar Reader*. Here are this month's pieces:

### *The Wild Robot*

The Wild Robot is a fantastic book. This is the first of the series of three. I think this book has great imagination to it. From a tiny gosling to a to a giant robot, they all have lovable traits and Characteristics to them.

I think The Wild Robot is about friendship and kindness. The story is about a robot who is trying to survive on an island as she continues, she makes new friends and family. After a terrible accident she adopts a gosling. She starts to try to mother the gosling. Her friends now help to raise this little gosling so he can survive to migrating season. When her masters come to take her somewhere unknown, her friends try to save her. So this my review of the Wild Robot

This is a good book for grades 2-7. I recommend everyone give it a read!

**Arthur's Rating: 5 / 5 Stars**

*By Arthur Boal*  
Division 2

### *Mufasa*

Mufasa: The Lion King is a great movie about Mufasa's backstory. Mufasa is Simba's uncle from the original movies.

Mufasa and his parents were separated in a big flood. When Mufasa woke up he was floating on a log in a river when a cub spotted him and saved his life from the alligators in the water. After they became brothers Taka and Mufasa.

Later they go on amazing adventures together. It's a movie worth watching!

**Braxton's Rating: 5 / 5 Stars**

*By Braxton Anderson*  
Division 4

### *Wicked*

*Wicked* is a musical that was transformed into a blockbuster movie. The original musical was written by Stephen Lawrence Schwartz, and the movie was directed by Jon M. Chu. Director Chu is releasing the movie in two parts with the first part being this past year in November 2024. Ariana Grande portrays Glinda and Cynthia Erivo is cast as Elphaba. They both suit their parts very well and I think that Jon M. Chu couldn't have picked anyone else. The musical/movie includes songs like: *Popular*, *Defying Gravity*, *The Wizard and I*, *What is This Feeling* and *I'm Not That Girl*.

While the sets are glossy and beautifully constructed, it is the chemistry between Grande and Erivo that truly brings the movie together. They make you fall in love with the characters, and you quickly find yourself choosing if you are pink or green (pink for Glinda and green for Elphaba). There are also other characters like: Prince Fiyero of the Winkie Country played by Jonathan Bailey, Ethan Slater as Boq, Marissa Bode acts as Nessarose, Michelle Yeoh represents Madame Morrible and The Wonderful Wizard of Oz is characterized by Jeff Goldblum. And even though the main characters are Grande and Erivo, all these actors ruled the camera and popped out on screen when it was their turn.

A captivating scene is the moment when Glinda and Elphaba become best friends. This scene highlights friendship, togetherness and differences attracting. I think you will love *Wicked* if you like: musicals, magic, fantasy and the theme of friendship. It's a unique movie because it's a musical with a green skinned main character, but I reassure you that *Wicked* displays dynamic singing, chemistry between actors, and stunts that create engaging visuals. Go ahead, give this movie a watch and see if you identify as either 'pink' or 'green'.

**Hope's Rating: 5/5 Stars**

*By Hope Jahour*  
Division 2

# Snack Attack!

Welcome to Snack Attack! Each month we'll be teaching you how to make a kid-friendly snack. This month's recipe is:

## Ava's Energy Snacks

### What You Need:

- 1 cup of oatmeal
- Shredded coconut
- 1/2 cup of flaxseed (or hemp, heart, or chia seeds)
- 1/2 cup of Wow Butter
- 1/3 cup of honey
- 1 tsp of vanilla
- 1/4 cup of chocolate chips (or more if you want!)



### Steps:

1. Mix oatmeal, coconut, and flaxseed until combined
2. Melt the wow butter, honey, and vanilla (**Make sure to ask an adult for help!**)
3. Pour the melted ingredients over the dry ingredients and mix
4. Add in your chocolate chips
5. Cool the mixture in the fridge for 20 - 25 minutes
6. Roll the mixture into small balls (like a cake pop)
7. Enjoy!

Now you have a great-tasting snack that will fill you up until dinner time!  
Thanks for reading Snack Attack!

*By Ava Don-Carolis  
Division 1*

## The Funny Bones

*By Scarlett Bower, Brooklyn  
Harvey, and Lenya Khudhur  
Divisions 1 & 4*

**Why can't you give Elsa a balloon?**

*Because she'll LET IT GO!*

**Why are teddy bears never hungry?**

*Because they're always STUFFED!!*

**Why did the picture go to jail?**

*Because it was FRAMED!!*

## SPORTS: CEDAR TRIES LACROSSE

To start off the year we had an amazing coach, Quinn Malcolm come in to teach the Seahawks how to play lacrosse!

Quinn attended Jacksonville University on a Lacrosse Scholarship and is currently coaching the PoCo Saints and Fusion West. She has also represented Team BC in field and box lacrosse and played for the PoCo Saints when she was younger.

Lots of our Cedar Seahawks play lacrosse outside of school, but it was so much fun to have Quinn come and make sure that everyone gets a chance to try one of Canada's national sports.

Thanks, Coach Quinn! We had so much fun playing lacrosse with our classmates and we hope we get to see you again next year.



*By Audrey Quinto, Molly Jorgenson, and Ella Church  
Division 3*

## WHAT DO TEACHERS DO ON PRO-D DAYS?

We looked on the calendar this month and saw that we have a Pro-D Day coming up! Which made us wonder, what do teachers *do* on Pro-D days?

Pro-D Day stands for Professional Development Day. It's a day where teachers get to learn new things so that they can teach them to us! Most teachers go to something called a workshop at either their own school or another school in our district.

Workshops are places where teachers can learn new things and make new lessons for their classrooms. Sometimes these workshops are on things like new games to play during gym, and sometimes they're on cool things like Minecraft or how to use robotics.

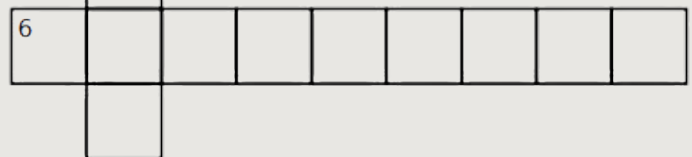
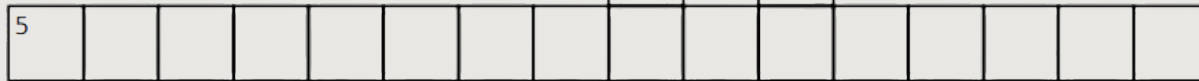
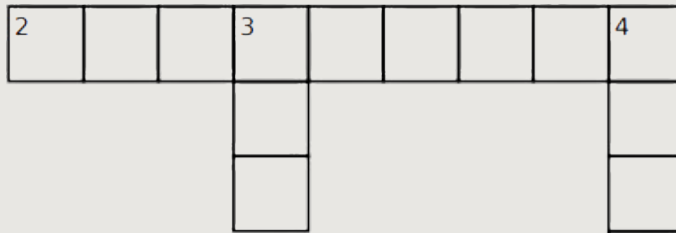
### **We have 4 more Pro-D Days this year:**

- Monday, January 27th
- Friday, February 28th
- Friday, April 25th
- Monday, June 2nd

*By Ella Church, Molly Jorgenson, and Audrey Quinto  
Division 3*

# January Crossword

By Anora Malekpour and Samia Quinto  
Division 4



## Down

1. Fancy name for the goals you make for the New Year

3. The day before New Year's Day is New Year's \_\_\_\_\_.

4. According to the Chinese Zodiac, 2025 is the year of the \_\_\_\_\_.

## Across

2. They fill the night sky with lots of colours; usually used for a celebration

5. This year is \_\_\_\_\_ (in words, not numbers)

6. This is something where you count with the TV like "3, 2, 1, Happy New Year!"



# January Word Search

*By Camdyn Sayers and Jasmine Lu  
Division 4*

P D N A R O Y S N V T F H Y J  
C A Q F I P I J X V H O O G E  
M N C K C P N F G B A R P O T  
O C C E K O S R R E P G E A P  
T I F R I R P C A L P I R L A  
O N I X N T I O T I Y V T S S  
V G R C D U R N I E N E Y X S  
A W E B N N A F T V E Q R S I  
T O W J E I T I U E W G G F O  
I J O M S T I D D E Y U B R N  
O O R Q S Y O E E X E Q F T L  
N Y K M D C N N M X A R Q R P  
I A S B B M C T I M R P T U Y  
K Q L P G F F E R X J A R S A  
R E S O L U T I O N N Y E T L

## ***Word Bank***

- HAPPY NEW YEAR
- RESOLUTION
- GRATITUDE
- PASSION
- KINDNESS
- HOPE
- INSPIRATION
- MOTIVATION
- OPPORTUNITY
- FIREWORKS
- DANCING
- TRUST
- FORGIVE
- JOY
- GOALS
- CONFIDENT

# The Adventures of Bella and Sophie

By Mac Wurster and Nate Twine  
Division 1



Look for Part Three of Bella and Sophie's adventures and even more comics coming out in the next edition of the *Cedar Reader*.

*Together We Soar - Cedar Drive Seahawks*

# NUM Nums

By Evelyn Prince  
Division 4



## Meeting Peanut

Once upon a pet shop there was a little hamster who was adopted by a little girl named Leah. She dressed him up for Christmas



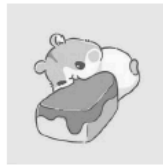
## Jen Jr.

Leah already had a pet bunny named Jen Jr. She is very shy, but they got used to each other after a while.

## NUM nums!!!!

Jen jr.'s favorite food is chopped up carrots not to big not to small

Peanut's favorite snack is chocolate covered biscuits



shutterstock.com - 244638246



## Little Peanut

When Peanut was a baby, he had a twin sister named June. She was adopted by a selfish girl, and only wanted a girl. So, June was taken away from the cage

Watch for the next installment of NUM Nums in our next edition of *The Cedar Reader!*



*Together We Soar - Cedar Drive Seahawks*

# Water and Fire Become Friends

By Nico Crawford  
Division 1

